



THE MOST IMPORTANT
MEAL OF THE IS FREE FOR

HOT BREAKFAST

French Toast Sticks with Sausage (MONDAY)

Sausage Egg and Cheese (TUESDAY, THURSDAY)

Ham Egg and Cheese (WEDNESDAY)

Bacon, Egg, and Cheese (FRIDAY)

OTHER BREAKFAST MEAL OPTIONS

MIX OR MATCH CHOOSE 2

Cereal Bowl

Muffins

Toaster Pastries

Yogurt Cup

CHOOSE ONE:

Mini Breakfast Items

Fruit Yogurt Parfait

Bagel with Cream Cheese

CHOOSE TWO: Fresh Fruit (Apple, Banana, Orange)

100% Fruit Juice (Apple, Orange, Fruit Punch)

CHOICE OF MILK

1% Plain Milk, Fat Free Plain Milk, or Fat Free Chocolate Milk